

# KSCBulletin

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Published weekly under the provisions of KNPD 1590.2. Submit items to KSC Bulletin using the Online Request form. All notices contained herein must comply with the nondiscriminatory principles of the Federal Equal Opportunity Program. Advertised items must be available without regard to race, color, religion, sex, age, national origin, or disability.

DEADLINE FOR OFFICIAL/UNOFFICIAL/PERSONAL NOTICES IS TUESDAY, 9:00 am

### OFFICIAL

**INSPECTOR GENERAL:** The Office of Criminal Investigations (OCI) is the investigative arm of the NASA Inspector General (IG). The OCI is an independent entity and reports directly to Robert Cobb, the NASA IG, in Washington D.C. The primary mission of this component is to conduct criminal and civil investigations of reported or suspected fraudulent acts by employees, contractors, and others relating to the administration of NASA contracts and programs. Although emphasis is placed on major procurement fraud, (particularly allegations of defective/substandard parts, mischarging, kickbacks, bid rigging, and research fraud), investigations are also conducted of theft, conflict of interest, environmental and hazardous waste violations, health care fraud, and computer related crimes. OCI also provides fraud briefings for Government and contractor employees that are designed to highlight potential risks concerning fraud and related matters. Suspected violations can be reported by calling 867-4714 locally, the toll free Hotline at 1-800-424-9183, or by writing NASA Inspector General, P. O. Box 23089, L'Enfant Plaza Station, Washington, D.C. 20024. The OIG Cyber-Hotline can be accessed at **www.hq.nasa.gov/office/oig/hq.** (OIG)

**REPORTING EMERGENCIES:** To report any emergency on KSC, whether it is fire, security, or medical related, (including possible hazardous commodity exposure); dial 9-1-1 or 867-7911 from a cell phone. For walk-in type first-aid treatment, the Occupational Health Facility is open Monday - Friday from 7:00 am to 5:00 pm, and the Launch Area Clinic is open Monday-Friday 7:00 am to 3:00 pm. Hours other than those, call 9-1-1 for emergencies and/or first aid type treatment. **After normal working hours, the non-emergency medical related assistance will be coordinated through the 9-1-1 operators.** (TA-G)

**EMPLOYEE ASSISTANCE PROGRAM:** All employees are reminded that the Employee Assistance Program offers free, confidential counseling to all Kennedy Space Center and Cape Canaveral Air Force Station employees. Appointments are necessary to ensure adequate time. This program is available Monday through Friday, 7:30 am. to 4:00 pm. Appointments may be made by calling 867-7398. (TA-C2)

MASSAGE THERAPY: Massage Therapy available Tuesday-Friday10:00 am-4:00 pm, room 1023, O&C Building. To schedule an appointment contact Valerie, (L.M.T. #19362) at 867-4762 or JaramVS@kscems.ksc.nasa.gov. \$1.00 per minute/packages available. Gift certificates also available. room 1023, O&C Building. (TA-C2)

**DID YOU KNOW?:** Visit the new KSC Health Cliques website to find out if you know the health tip of the week! For comments regarding KSC Health Cliques, contact Kris Calderon, 867-3414 or Lauren Ratner, 867-4566. (TA-C2)

# KSC/CCAFS HEALTH EDUCATION & WELLNESS PROGRAM (HEWP)

http://hewp.ksc.nasa.gov

**SEPTEMBER 2006 POLLUTION PREVENTION:** In our fast-paced lives, we tend to disregard many things. Unfortunately, one of the things we disregard is our environment. Our American lifestyle seems to give us almost no choice but to incorporate cars, fast food, disposable items, newspapers, air conditioning, household appliances, and many other items into our daily routines. Unfortunately, what we gain in ease, safety and comfort from using these items, we lose in the frustration of having to deal with the health problems that are directly related to the pollution we have put into the environment. The September 2006 packet addresses pollution education and prevention.

Hardcopies of the packet will be available at all medical and fitness facilities. If you or your department/organization would like to be added to the monthly packet hardcopy distribution list, please call Kris Calderon at 867-3414.

#### \*NEW EDUCATION SEMINAR SERIES\*:

To be placed on the Diabetes Interest Group e-mail listserv, please e-mail Kris Calderon at **Kristine.Calderon@jbosc.ksc.nasa.gov** Listserve members will be sent information from the diabetes education series seminars along with other information and announcements pertaining to diabetes.

#### LAST RESORT TOBACCO CESSATION PROGRAM

Have you tried everything to quit smoking or using tobacco and nothing has worked? Are you tired of everyone telling you that you need to quit when you can't? Do you want to quit and are willing to try your last resort? Try "The Last Resort Tobacco Free Program" offered at the OHF! The Last Resort Tobacco Free Program is designed to assess your individual needs to quit tobacco use (cigarettes or smokeless tobacco), introduce you to the latest nicotine aids and drug therapy that is appropriate for your treatment, and provide you with individual support from our Employee Assistance Program (EAP) and Health Education and Wellness Program (HEWP) staff.

TRY "THE LAST RESORT TOBACCO FREE PROGRAM" OFFERED AT THE OHF! The Last Resort Tobacco Free Program is designed to assess your individual needs to quit tobacco use (cigarettes or smokeless tobacco), introduce you to the latest nicotine aids and drug therapy that is appropriate for your treatment, and provide you with individual support from our Employee Assistance Program (EAP) and Health Education and Wellness Program (HEWP) staff.

#### **The Last Resort Program**

Phase 1: Smoking History Intake/See an OHF health care provider for drug therapy

Phase 2: Complete 2 individual sessions with EAP staff

Phase 3: See your OHF health care provider for drug therapy follow-up

Phase 4: Complete 2 individual sessions with HEWP staff

Phase 5: See your OHF health care provider for drug therapy follow-up

Stop by the OHF for information and to see an OHF health care provider.

For more information call the EAP at 321-867-7398 or HEWP at 321-867-3414.

#### **FUEL FOR WOMEN:**

<u>Fuel 4 Women List Serve</u>: All women at the spaceport can join the Fuel 4 Women list serve where monthly newsletters and program announcements will be e-mailed to list serve members each month.

Please contact Lauren Ratner, Health Education Intern at **Lauren.Ratner@jbosc.ksc.nasa.gov** for more information about or ideas for Fuel 4 Women and to join the list serve.

#### 2006 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE:

DATE	PLACE	TIME
Thursday, October 12th	LAC (MFF)	7-8 a.m.
Wednesday, November, 15th	OHF	7-9 a.m. (2 hrs)
Wednesday, December, 6th	OHF	7-8 a.m.
Thursday, December 7th	LAC (MFF)	7-8 a.m.

OHF – Occupational Health Facility (M6-495, Industrial Area @ KSC) LAC (MFF) – KSC Launch Area Clinic (Multi-Functional Facility @ KSC)

The 2-page CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/ forms: http://kscboc-forms/KSCForms2/ref/KSC28-1010.itr. This form can be filled out on-line and then printed. Please print each page separately. You must fast for 12 hours prior to coming to the screening (nothing but water).

**STRESS MANAGEMENT WORKSHOP:** Any employee group can request delivery (at any time of the year, during the workday) of a newly developed, interactive workshop designed to teach employees how to handle stress at their workplace and in their lives. The workshop can be condensed to 30 minutes or extended to more than an hour for optimizing coping and relaxation skills.

Kris Calderon, PhD, CHES, BCIAC, KSC/CCAFS Health Education Administrator will be offering this workshop. Kris is certified in biofeedback and has used relaxation training for stress management in her teaching, service, and research. If interested, please contact her at 867-3414 or e-mail at **Kristine.Calderon@jbosc.ksc.nasa.gov** for more information. The workshop can be delivered in any worksite setting.

**COLORECTAL CANCER SCREENING:** Small amounts of blood in your stool, which can be detected with hemoccult slides, can be an indication of colorectal cancer. Hemoccult slides and <u>instructions</u> are available at all medical facilities during hours of operation.

**WORKSITE LECTURES:** Work-site lectures on any health subject and requests for health information or counseling are available upon request to Kris Calderon, phone: 867-3414, e-mail: **Kristine.Calderon@jbosc.ksc.nasa.gov.** (TA-C2)

MAILING PRIVATE INFORMATION: When mailing documents containing Social Security Numbers or other private information, through the KSC Interoffice Mail System, KSC Form 13-242, A, B, or C, "Open by Addressee Only" envelopes must be used. (TA-E1)

PRIVACY ACT NOTICE: Users are reminded that the Privacy Act requires any records that contain a Social Security Number or private information such as salary and medical records, must be kept in locked file drawers when unattended. It also requires that a NASA form 1534 be placed on top of all records subject to the Act. When transferring such records a SF-135, Records Transmittal and Receipt Form, must be used. If mailed through the KSC Interoffice Mail System, KSC Form 13-242, A, B, or C, "Open by Addressee Only," must be used. (TA-E1)

**KSC LIBRARY:** You may obtain copies of the following specification in HQ Room 1124, by sending a request to mail code Library-D, calling 867-3613, or emailing mailto:**KSCLibrary@jbosc.ksc.nasa.gov.** 

JSC-SL-E-0001, Change 16, 9/8/06 "Space Shuttle Specification Electromagnetic Compatibility Requirement" Book 1: Hardware Prior to May 7, 2001. (TA-E1)

KSC LIBRARY NEW BOOKS: The following new books are available for loan from the KSC Library. If you need any information, please call 867-3600, visit the Library in HQ, Room 1301, or e-mail to KSCLibrary@jbosc.ksc.nasa.gov. To search the Library's on-line catalog go to: http://nasagalaxie.larc.nasa.gov/

Elements of Propulsion, # 783172
Energy Management Handbook, # 783180
FE/EIT Sample Examination, # 783115
Guinness World Records 2007, # 783107
Instrumentation Reference Book, # 783164
Integrated Cost & Schedule Control in Project Management, # 783206
NASA SP-2006-4317, Science in Flux, # 782737
Refresher for Operating Safely In Hazardous Environments, # 783149
Risk Analysis in Engineering, #7 83123
Sex in Space, # 783313, # 783305

The following new reference books are available for use in the HQ Library, Room 1301, and are not available for loan:

Space Debris & Space Traffic Management Symposium 2004, # 783131 (TA-E1)

#### **AUTHENTICATED:**

Jan Mayers, Center Services (TA-E1)

Janet A. Mayers

# NASA PRODUCTION GRAVITA

#### 867-4714

# **UNOFFICIAL**

# **CAFETERIA:** VISIT OUR WEBSITE TO VIEW MENU CHANGES. EACH CAFETERIA IS DIFFERENT. HTTP://CAFETERIA.KSC.NASA.GOV/

BEGINNER BALLROOM & LATIN DANCE LESSONS: Beginner ballroom and Latin dance lessons will be offered starting Tuesday, September 26, 2006, at KARS 1 and will run for four weeks. Come and learn Fox Trot, Waltz, Swing, Bolero Rumba, Merengue, Salsa, Cha-Cha, and Tango. The instructor, John Gregory, is an accomplished dancer and choreographer. John was formerly the Florida State Dance Director of the Dance Educators of America and also worked as a dance choreographer with a pilot movie company. Classes will be held from 5:15 - 6:55 p.m. and the cost is \$60 per person. The class is limited to 20 students. Must have a KARS card. Please contact Joy at 861-7675 to register.

INTERMEDIATE BALLROOM & LATIN DANCE LESSONS: Intermediate ballroom and Latin dance lessons will be offered starting Tuesday, September 26, 2006, at KARS 1 and will run for four weeks. Come and learn more Fox Trot, Waltz, Swing, Bolero Rumba, Salsa, Cha-Cha and Tango. The instructor, John Gregory, is an accomplished dancer and choreographer. John was formerly the Florida State Dance Director of the Dance Educators of America and also worked as a dance choreographer with a pilot movie company. Classes will be held from 7:00 - 8:45 p.m. and the cost is \$60 per person. The class is limited to 20 students. Must have a KARS card. Prerequisite is John Gregory's beginner class. Please contact Joy at 861-7675 to register.

KARS PARK CERAMIC CLUB SPECIAL: Half price membership until the end of the year. We offer free classes, and will teach you what you need to know to make beautiful items for the holidays. Call LaVerne Woodard, President at 452-1068, Ellie Miller at 476-3777 or Geri Fortner at 783-0403 and we will be glad to give you more information.

MANATEE WATCH: Join Merritt Island National Wildlife Refuge volunteer, Cary Salter, for a presentation and field trip about the endangered West Indian Manatee. Learn about these gentle giants through a photographic presentation and a field trip to the Refuge's Manatee Observation Deck to observe manatees in the wild. The program is scheduled for Saturday, September 23, 2006 at 10:00 am. Please contact Ranger Nancy Corona at 321-861-0668 or by email at **Nancy\_Corona@fws.gov** to make reservations.

KSC TOASTMASTERS: Become the Speaker and Leader you want to be! Two on-site Toastmasters clubs meet every Wednesday from 11:30am-12:30 pm in HQ 2254 and OSB 3303B. Are you interested in becoming a competent speaker? Are you looking for a comfortable, fun, supportive environment to develop your speaking skills? Are you interested in becoming an effective leader? If you answered YES to any of these questions, then joining one of the two on site KSC Toastmasters clubs is something you should consider. Both clubs meet weekly (on Wednesday) from 11:30 am-12:30 pm at KSC. KSC Toastmasters club 3695 meets in HQ 2254 on Wednesdays at 11:30 am. (For more information, visit http://ksc.freetoasthost.info or, contact Betty Wells at (321) 867-3709. LC-39 Toastmasters meets in OSB 3303B on Wednesdays at 11:30 am. (For more information, visit http://lc39.freetoasthost.net or contact Bradley Carlson at (321) 861-0507 bradley.j.carlson@nasa.gov)

NASA EXCHANGE: All purchases are tax free. Due to us not meeting our supplier profitability criteria we will not be selling magazines as of 9/29/06. Exchange stores are open Monday through Friday. HQ 7:00 am-4:30 pm room 1106, OSB 7:00 am-5:15 pm room 1103, O&C 8:00 am-4:00 pm room 1047 and SSPF 8:00 am-4:00 pm room 1042. Visit our web page at http://nasaexchange.ksc.nasa.gov for more information.

KSC EXCHANGE – HAIR SHOPS: Our shops offer a full line of services for men and women. This includes regular haircuts, perms, frosts, beard trims, razor cuts, shampoos and colors! Visit us in the HQ building, room 1251 (7-7077), and see Sharon or Janet from 8:00 am until 3:30 pm. In the OSB building, room 1118 (1-3026) come in and see Fred or Rocky from 8:00 am until 4:00 pm. Call for an appointment but walk-ins are welcome!

KSC EXCHANGE - CITGO GAS STATION: This week's specials: Tire rotation - Cars are only \$15 and vans and trucks are \$20. Balancing is extra. Brakes: Front brakes for \$94.95 and that includes semi-metallic pads and turn rotors. Rear drum brakes are \$84.95 and rear disc brakes are \$114.95. These prices are for most vehicles. Call 453-1254 for an appointment or more information. Pay at the pump is open 24 hours -- Gasoline, Bio-diesel and E85 Ethanol are available. CITGO and most major credit cards accepted. For information, call 453-1254.

KSC ON SITE CITGO SERVICE STATION DISCOUNT PROGRAM: Goods news for KSC employees! The KSC CITGO Service Station is pleased to offer KSC employees a discount program called "Bounceback." When a customer uses their CITGO Plus card, their CITGO fleet card or a CITGO Cash card, they are automatically discounted 4 cents per gallon at the pump. The cash cards (similar to gift cards) are available for sale inside the KSC Service Station. Cash cards can be purchased in various denominations.

KENNEDY SPACE CENTER FEDERAL CREDIT UNION REPOS: Repos located at the Merritt Island office. *ALL REPOS 6.99% APR.* 2005 Lincoln Town car, 4-door, \$29,995; 2001 Dodge Ram 1500, \$5,995, call 455-9400, extension 5443. See pictures at **www.kscfcu.org.** 

# **PERSONALS**

#### **VANPOOL**

Join Vanpool: Melbourne, Eau Gallie area, I.H.B., Satellite Bch., via A1A to CCAFS, 7:00 am to 3:30 pm, Rick, 853-7110/693-1791.

Join Vanpool: Melbourne, Eau Gallie, I.H.B., Satellite Beac hvia A1A to CCAFS, 7:00 am-3:30 pm, Rick, 693-1791/853-7110.

Join Vanpool: East Orlando to KSC Industrial area, 7:30-4:00, Torres, 321-235-2669.

Join Vanpool: Sept. 1st opening in Oviedo vanpool, starts Alafaya Woods Publix & stop at SR 50 & 419, work hours 7:00 am - 3:30 pm, Dave, 321-730-4564.

Join Carpool: South Merritt Island to Headquarters, Monday-Friday, 6:30-7:00 am to 3:00-3:30 pm, 2 person carpool, Alan, 867-7554/452-8422.

Join Vanpool: Melbourne Eau Gallie area to Headquarters, M&O, CCAFS R&D bldg, 7:30-4:00, 867-4634.

Join Carpool: South Merritt Island to Headquarters/O&C/SSPF, Monday-Friday, 6:30-7:00 am to 3:00-3:30 pm, 2 person carpool, Alan, 867-7554/452-8422.

Ride Needed: Titusville Hwy. 50, Knox McRae, US1 area to NSLD, 799-6928.

Ride Needed: From Port Orange or somewhere close to OPF area, 7:00 to 3:30 flexible, 386-405-6756, leave message.

Vanpool Needed: Palm Bay Road, Palm Bay to OPF area, 7:00-3:30, Steve, 321-960-8898.

#### **GARAGE SALE**

Garage Sale: 9/23, 8:00 am-3:00 pm, lots of household items, kitchen items, furniture, 3024 Larkspur St. Titusville, 267-5402.

#### **REAL ESTATE FOR SALE**

House: 3bd/2ba/1carport, one block from the beach, south of the Hilton, Indialantic, \$240,000, 773-3927.

House: 3bd/2.5ba/2cg+, 1 acre, 30 year roof, oak flooring, screened pool, spa, waterfall, 5 miles to KSC, 650 Kings Way, \$419,900, 459-1713.

House: 3bd/2ba/2cg, 2100sf, split plan, all brick, 2 sheds w/power, large lot, Melbourne, \$270,000, 255-0283.

House: 4bd/2ba/2cg, 2400sf, pool w/waterfall, river view, built in 2001, River Grove, Merritt Island, \$499,999, 321-427-9940.

House: 4bd/2ba/1cg, oversized Sykes Creek waterfront lot, fireplace, electric boat lift, concrete block, Merritt Island, \$349,000/BO, 459-1535.

House: 4bd/2ba/2cg w/office, formal dining, on 1/4 acre corner lot near schools/shopping, fenced yard, reduced, Catalina Isles, Merritt Island, \$244,000, 453-1245.

House: 3bd/2ba/1cg, 1096sf, Merritt Island, \$178,000, 407-568-3301.

House: 3bd/2ba, family room, large screened-in porch, alarm system, lakefront, Indian River Villas, Merritt Island, \$199,000, 453-6795.

House: 3bd/2ba, 1500sf, hardwood, tile, 4 yrs. old, currently rented, worth \$260,000, asking \$245,000, E Orlando, 770-906-0656.

House: 3bd/2ba/2cg, new screened pool, new roof/A/C, complete upgrades, hot tub, 1/2 acre lot, 100 Acre Woods, Port St. John, \$349,900/BO, 636-9886/543-6770.

House: 4bd/2ba, screened heated pool, inground sprinkler system, privacy fence, major appliances, great location, S. Rockledge, \$219,900, 632-5451.

House: 3bd/1ba/1cg, 2 patios, big fenced back yard, completely refurbished, better than new, Rockledge, \$179,000, Jill, 536-8944.

House: 3bd/2ba/2cg, 1270sf, 400sf screen porch, new windows/roof/paint, North Titusville, \$174,900/BO, 321-267-9549.

Townhouse: 3bd/2ba, 4 blks from beach, new kitchen appliances, new master bath, solar pool/hot water heater, 1881sf, Cape Canaveral, \$379,900, 321-799-0884.

Townhouse: 4bd/3ba/2cg, 1662sf, private courtyard, many upgrades, Dolphin II model, Bayport Subdivision, Cape Canaveral, \$425,000, 917-3922.

Townhouse: 3bd/3ba/1cg, 1665sf, tile/wood laminate flooring, lots of amenities, Indian Riverfront, Rockledge, \$226,000, 446-8161, after 6:00 pm.

Manufactured Home: 55+, clubhouse, new flooring, appliances, sun room, partially furnished, double carport, Merritt Island, Island Lakes, \$80,000, 783-8006.

Mobile Home: 2006 Wildwood 381FLFB park trailer, full size fridge, fireplace, TVs, sofa bed w/recliners, book value \$55,000, asking \$43,000/BO, 321-302-6745.

Acreage: 3.92 acres, Highland Drive and Plaza Parkway, one block from US 1, Cocoa Industrial Park, \$349,000, 459-9347.

Lot: .23 acre, high and dry, buildable, east of Grissom Parkway, in Port St. John, \$59,000, 321-639-8236.

#### **AUTOMOBILES, RV'S, and CAMPERS FOR SALE**

1984 Corvette, red, 4-3 overdrive, cold A/C, new tires, new stereo MP3, runs great, 350ci engine, 140K miles, \$8000/BO, 720-3746.

1984 Chevy vans, 2, 350 engines, 700R4, 2 Chevy blocks, many parts, \$450/BO, 636-8721.

1984 Chevy Tioga RV, 30', tan, cabover, sleeps 6, runs great, \$2850, 454-9070.

1985 Corvette, needs TLC, new tires, runs great, needs interior work/A/C compressor, \$3800/BO, Wayne, 321-956-1902.

1989 Toyota Camry, A/T, P/S, P/B, cold A/C, 31mpg, \$2000/BO, 634-5161.

1990 Cadillac Sedan deVille 95K orig. miles, A/C, leather, good tires, new battery, wipers, power everything, \$1500/BO, Edwin, 267-1617.

1990 Astro van, 1 owner, excellent in/out, new tires, garage kept, low miles, \$1400, 268-4495.

1991 Mercedes 500SL convertible, white, perfect condition, garage kept, new rims, tires, removable hard top, low miles, \$15,995, 626-8202.

1991 Chevy Astro van, not running, needs timing set, BO, 321-961-5266.

1991 Coachman Catalina Lite, 21', excellent condition, new awning, sleeps 4, needs nothing, self contained, pulls easy, \$4500, 501-8329.

1991 Suburban 4x4, loaded, very nice, \$6200, 321-508-2518.

1992 VW Cabriolet, cold A/C, runs good, 118,600 miles, \$2500, 937-554-8152/386-423-4712.

1992 Honda Prelude SI, white, 2.3L, cold A/C, C/C, moon roof, 5-speed, all power, many new parts, runs great, \$3995, 321-269-6584.

1992 Toyota Previa van, runs good, \$750, Mike, 321-268-2245.

1993 Toyota Celica convertible, Sony stereo w/remote, great gas mileage, cold A/C, A/T, all power, 132K miles, \$3100/BO, 321-610-0308.

1993 Toyota Corolla, 4-door, 5-speed, AM/FM/CD, cold A/C, new tires, very dependable transportation, great gas mileage, \$1800, 266-0557.

1993 Mercury Villager, 210K miles, engine runs, A/T no reverse, good for parts, \$700, Tom, 453-2783.

1994 Camaro, 6cyl. A/T, power everything, T-tops, nice stereo, new tires this year, A/C, \$2500/BO, Shawn, 321-986-7641.

1995 Ford F150 pick-up, A/T, cold A/C, new condition, tinted windows, P/L, AM/FM/CD, bedliner, 17K miles, dark green, \$13,800, Ed, 407-687-9620.

1995 Isuzu Rodeo, black/gray, A/T, new paint/tires, mechanically sound, 114K gentle miles, \$5000, Bob, 321-268-8187.

1995 Coleman Sequoia pop-up camper, very clean, water/gas/electric hook-up, sleeps 8, \$2500/BO, Barry, 321-684-1969.

1995 Infiniti G20, silver, loaded, cold A/C, A/T, sun roof, ABS, dual air bags, all power, many new parts, \$3500, 795-9051.

1996 Honda Accord LX, 103K miles, A/T, good condition, silver, new tires/radio/tape deck, \$5000, 504-6103.

1996 GMC Safari Minvan, dual A/C, V6, 4.3L HO, roof rack, 139K miles, 7 passenger, \$1500/BO, Marty, 321-213-2585.

1996 Nissan Quest van, A/T, A/C, 124K miles, 21mpg, \$2495/BO, 459-3631.

1996 Dodge Grand Caravan, 116K miles, runs great, \$4,200, Bill/Alice, 267-7122.

1997 Ford Thunderbird LX Limited Edition, V6, A/T w/over drive, leather interior, 99K miles, P/W/L, P/S, AM/FM/CD, remote entry, \$4000/BO, 720-8091/268-8409.

1998 Jaguar XJ8L, 56K miles, loaded, great condition, \$14,800, 453-6795.

1998 Jeep Wrangler Sahara, 4.0L, V6, great condition, clean, manual, hard top, tow bar, hooks, 4x4, runs perfect, \$10,200, 383-5056.

1998 Explorer Sport, 2-door, 99K miles, leather, loaded, new tires/wheels, \$4500, Richardson, 321-432-4325.

1999 Ford Explorer Sport, 1 owner, V6, A/T, 93K miles, cold A/C, P/S, P/B, C/C, P/W/L, excellent shape, white, \$2800/BO, Tony, 321-480-1488.

2001 Mazda Miata MX5, cold A/C, CD, new tires, top, 35K miles, very good condition, \$12,200/BO, Jimmie, 321-750-3619.

2001 Lariat F350 Superduty, 7.3L, 4-door, 4" lift, new 35 BFG tires/wheels, superchip programer, black w/tan interior, \$23,000, 302-0393.

2001 Nissan Frontier Crew Cab SE, 4x4, loaded, A/T, leather, CD, \$10,500/BO, Mike, 321-505-0165.

2001 Ford Ranger, 2wd, 5-speed, white, 2.3L, A/C, 138K miles, driven daily, \$3500, 321-298-9172.

2001 PT Cruiser Limited Edition, 118K miles, A/T rebuilt at 95K miles, bra, new tires, receiver hitch, Pioneer AM/FM/CD, well cared for, \$6500/BO, 386-345-1111.

2002 Chevy Silverado 4x4, 5.3L, all power, bedliner, OnStar, \$15,000/BO, 407-568-9720.

2002 Volvo V70 wagon w/eurorails, alloy wheels, leather seats, sunroof, 74K miles, \$13,000, Joe, 321-794-0999.

2002 Mini Cooper-S, grey, 6-speed, fully loaded, garage kept, excellent condition, \$18,499/BO, 321-794-5658.

2002 Jeep Sahara, hard and soft top, 6 cylinder, excellent condition, \$16,000, Shanon, 427-4691.

2002 Camry LE, 4-door, low miles, excellent condition, \$12,700; 1998 Mazda B4000, 2-door, 5-speed, extended cab pickup, \$4200, 455-6375.

2003 Cadillac Escalade, 2wd, red/neutral, loaded, all Caddy options, gold package, 50K miles, factory warranty to 100K miles, XM, OnStar, 19mpg, \$29,500, 269-1623.

2003 Dodge Dakota SLT 4wd, extended cab, V6, 32K miles, \$12,500, 913-707-3394/986-9252.

2003 Astro van, loaded, excellent condition, \$9500/BO, 321-269-7610.

2003 Chevy Silverado, V6, A/T, extended cab, hard tonneau cover, 45K miles, very clean, \$11,900, 407-970-4590.

2003 Mitsubishi Galant ES, 4-door, CD, leather seats, 39K miles, \$8500/BO, 321-693-5447.

2004 GMC Yukon, 5.3L, leather, 3rd row seat, every option, garaged, dealer serviced, 50K miles, excellent condition, \$24,500/BO, 321-639-8236.

2004 Lincoln LS, black, V6, 3.0L, 21-24mpg, loaded, sunroof, CD, chrome wheels, 30K miles, still under warranty, excellent, \$20,850, 591-1201.

2004 16' L/W travel trailer, sleeps 5-6, woman owned, no smoking/pets, A/C, heat, awning, \$7,800, 749-8094.

2005 Coachman Capri 30' trailer, slide out, queen bed, large kitchen, excellent condition, \$17,900, 454-9729.

2005 Ford Ranger XLT, red, standard cab, 4cyl, 5-speed, A/C, P/S, AM/FM/CD, Herculiner, 30mpg, all service records, excell. cond. \$13,000/BO, 321-693-8259.

2005 Expedition, airride, rollstab. control, rear DVD, tow pkg, front/rear side airbag, 2nd, row captain seat, CDMP3, BO, 759-3962.

2006 Chrysler PT Cruiser, touring edition, A/T, \$16,000, 321-544-2788.

#### **HOUSEHOLD FURNISHINGS FOR SALE**

Green/burgundy queen size sleeper sofa w/pillow top, \$250/BO, 269-5206.

Rattan table, white washed, 4 chairs, glass top, \$75, 321-635-9711.

Hall stand, medium oak, marble top, drawer, good condition, \$40, 453-4518.

C shaped wooden bar w/foot rest, 7' long, \$150, Mike, 321-449-0235.

Armoire for clothes or TV, 42Lx21Dx80H, 2 shelves, clothes bar, 4 drawers, light color wood, very pretty, email pics available, \$400/BO, 639-9736.

Porch rocking chair, white, \$50; 2 Lane recliners, dark red fabric, \$35/each; 2 area rugs, \$25/each, 321-757-9138.

Small desk & dresser, 321-698-8943/321-268-9742.

Mission II nightstand, like new, \$200/BO, 386-345-4544.

Dining room oak table w/leaf, 4 chairs, china cabinet, \$395; king size bed w/headboard, new mattress, dresser, mirror, chest, 2 night stands, lamps, \$595, 632-5451.

Solid maple dining room table w/6 chairs, table opens up to 12' in length, \$450/BO; large Broyhill coffee table, \$75/BO, Mike, 321-432-7452.

Wood coffee table, 2 end tables, cherry wood color, very good condition, \$100, Richard, 508-2652.

Tables, glass top w/stone bird of paradise bases end, sofa and coffee table, matching floor lamp, can e-mail pic, Carol, 383-3292/514-8156.

Honey color wicker desk w/glass top and chair, \$95; white wicker queen/full headboard w/4 drawer chest, \$150; queen mattress and springs, \$150, 242-7357.

 $Contemporary/modern\ queen\ bed\ w/headboard/footboard/rails,\ good\ condition,\ reasonable\ price,\ 591-4966.$ 

Double mattress, box spring and frame, excellent condition, \$75, Dennis, 383-8673.

Couch, green and burgundy, excellent condition, will e-mail pictures, \$40/BO, Jaclyn/Mike, 433-9476.

Children's white laminate furniture: dresser, corner desk, file cabinet, bookshelf, bookshelf headboard, BO, 264-1081, after 5:00 pm.

Futon, great condition, light colored wood w/2 storage drawers underneath, includes cover, \$75, Luce, 631-7785.

Hand-painted desk w/hutch, light, chair, \$100,452-2187.

#### **HOUSEHOLD FURNISHINGS FOR SALE** (Continued)

Variable speed massage/heat Lane recliner, dark navy leather, excellent condition, \$350, Diane, 783-6995.

Oak Pier headboard, king, 11' wide, 6' tall, 7' mirror, lots of drawers and cabinets, lights, new \$1500, sell \$400, 868-1895.

Formal dining room table, glass top, 7 chairs, washed oak, \$200; large computer table, fits in corner, good condition, \$40; Ottoman, \$20; 453-6795. Cherry wood armoire/TV stand, \$40, 321-504-3496.

#### **APPLIANCES FOR SALE**

Maytag Performa dryer, heavy duty, oversize capacity, 12 cycle, approx. 1 year old, perfect condition, white, pd \$400, sell \$150, 321-635-9225.

Maytag electric dryer, excellent condition, ultra large capacity, 12 cycles, \$100/firm, 917-6931.

21cf side by side refrigerator, water/ice in door, \$125/BO; 19cf upright freezer, great shape, \$150/BO, 459-1535.

Jenn-Air downdraft cooktop, white, 2 burners, grille, \$50, Dan, 432-1159.

Vinotemp, new, black, 32 bottle undercounter wine cooler, slight shipping damage, BO, 264-1081.

GE Profile Harmony washer purchased 3/06, extended warranty, like new, paid \$580, sell \$300, 698-3385.

George Foreman Lean Mean Fat Grilling Machine, GR-30BW, \$25, 453-6795.

Allure 30" white stove exhaust hood, \$65; Amana 30" white ceramic top stove, \$250, 321-504-3496.

#### **MOTORCYCLES, ATVs & EQUIPMENT FOR SALE**

1986 Suzuki LT50 ATV, runs good, good condition, \$450, 632-9549.

1992 Yamaha 750 Virago, very low miles, excellent condition, includes 2 helmets, extras, \$2000, 267-0378.

1996 Harley-Davidson Electraglide, rebuilt motor/transmission, new battery, rear tire, great condition, runs strong, \$9500, George, 386-428-4760.

1998 Suzuki GSXR 600, 13K miles, \$2500, Patrick, 433-1096.

1999 Harley-Davidson Dyna Wide Glide, excellent condition, lots of extras, \$10,000, 951-8753.

1999 Polaris ATV, 2wd, 250cc, A/T, new tires, runs great, nice condition, \$1750/BO, 412-5522.

2000 Harley-Davidson Dyna Super Glide Sport, very clean, 8500 miles, \$9000, 271-5895.

2001 Suzuki Intruder VS1400, extra items installed, clean, runs great, \$5000/BO, Allen, 636-0837.

2002 Honda VFR800FL Interceptor, red, adult ridden, 2002 Sport Bike of the Year, \$6200, Mike, 632-4346.

2002 Yamaha VStar 1100, custom, Cobra pipes, windshield, engine quard, highway pegs, <4K miles, \$5000/BO, 639-6702.

2003 Honda CR250R, excellent condition, low hours, trick, lots of extras, \$2600/BO, 636-2402.

2004 Suzuki Intruder 1400, custom, mint, 3K miles, \$7500; 2005 Harley-Davidson Ultra Classic, black/chrome, 17K miles, factory warranty, \$17,500, 632-6197.

 $2005\ Yahama\ YFZ\ 450\ 4-wheeler, \$5500/BO;\ 2002\ 350\ Warrior\ 4-wheeler, \$3000/BO,\ very\ low\ hours,\ excellent\ condition,\ call\ for\ pics,\ 794-2686/684-1105.$ 

2005 Honda Goldwing GL1800, blue, mint, extras, \$14,500, 321-508-2518.

2006 Yamaha FZ6, only 795 miles, under warranty, great condition, some accessories, helmet, gloves, \$6200/BO, 474-0508.

Sears Craftsman motorcycle/ATV lift, model 34612, very good condition, only used twice, \$75, 407-443-3955.

Yamaha Warrior ATV four stroke 350CC, 6-speed, great condition, \$2500/BO, 480-6573.

Honda 250 SX 3-wheeler, original, excellent condition, runs great, electric start, reverse, direct drive, everything works, \$1000, 632-6467.

Suzuki 80 CC 4-wheeler, electric start, good tires, good shape, may need battery soon, \$500/firm, 750-4180.

Small motorcycle/utility trailer, \$200, Chuck, 321-961-5266.

Sissy bar for 2003 750 Honda Shadow A.C.E. \$30; luggage rack, \$40; tank bib, \$30; leather like hard bags, \$350, Alice/Bill, 267-7122.

#### **BOATS & EQUIPMENT FOR SALE**

16' American Eagle square stern canoe, center seat w/storage, 2 cushion swivel seats, 2 rod holders, homemade outriggers and pushpole, \$500, 446-2183.

18' 1981 Starcraft I/O, excellent shape, new interior, never sat in, AM/FM/cassette, VHF, Huminbird depth finder, many extras, \$3000, Ken, 386-345-1111.

19' 1999 Carolina Skiff flat bottom series w/1999 90hp Mercury, redfish tower, 30gal livewell, new cables, float on trailer, \$6000/BO, 432-5545.

20' 2006 Sundance Bay Skiff w/90 Yamaha, galvanized trailer, CC, 2 live wells, bimini, pedestal seat, 50hrs on motor, like new, \$13,500, 321-266-7022.

20.5 Wellcraft Deep "V", 200hp Johnson V6 out board, trailer, extras, \$2500/BO, 453-1245.

21' 1998 Sea Pro CC w/03 Suzuki 225, dual axle trailer, GPS, stereo, trim tabs, much more, runs great, ready for off-shore, \$14,000, Jim, 536-1580/453-2381.

23' Paceship sail boat, renovated 05, draft 2'-5', 9.9hp, 2005 O/B, much more, \$5500/BO, Johnathon, 636-4925.

2001 Sea-Doo Challenger 2000 jet boat w/trailer, 240hp Mercury, V6, 8 passenger, Sea-Doo boat cover, recent complete factory service, \$11,900, 795-8700.

2001 Glastron SX175, excellent condition, <60 hours, towable cover, 135hp Volvo I/O engine, pics avail, \$10,000, 321-285-3135.

2 Yamaha jet skis, GP1200r, Superjet, trailer, tote box, fuel can holder, stands, extra parts, all excellent condition, \$5500/BO, 638-0559.

Water pump for Mercruiser 7.4/454 big block marine V8 engine, used but good, \$25, 868-1895.

Mercury Mirage solid hub 14x19 SST propellers, \$300/each, Tom, 432-0146.

Outboard motor, 7.5hp, Scott twin cylinder, very old, has been in storage, BO, 446-0785.

#### **MUSICAL INSTRUMENTS FOR SALE**

Washburn bass guitars, XB100 and XB102, like new, \$100/each, Steve, 863-0903.

Piano, up-right, maple, includes lamp & bench, \$395, 632-5451.

#### **ELECTRONIC EQUIPMENT FOR SALE**

Pioneer electronics speakers, surround processing amplifier, synthesizer tuner, cassette changer, CD, \$500, Brian, 266-0731.

Sony ICF-DVD57 TV w/under cabinet LCD-TV DVD/CD clock radio, 9" screen, top of the line, new in box, 502-468-8135.

Computer monitor, 321-698-8943/321-268-9742.

Gateway EV910 19" computer monitor CRT w/cables, \$25, 269-1172.

Cell phone, Nokia 6102i, Cingular, Bluetooth, w/belt clip, less than 3 months old, \$50, 268-2974.

Sony 200 disc player w/remote, \$100, 626-5279.

New Linksys Wireless-G, PCI adapter, w/Speed Booster, \$25, 321-698-5982.

R/C transmitter, Futaba Skysport 6A non-computer X-mitter, 6 channel, Ch28 w/Ch25/35 extra crystals, 650MAh NiMh battery, Pete, \$65, 321-698-2589. Portable USB 100MB zip drive w/3 disks, \$25, 868-1895.

Hewlett-Packard Deskjet/Inkjet printer, model 3915, brand new in box, paid \$69, sell \$40/firm; Lexar 64MB memory stick, \$7, 269-3897.

2 Radio Shack Pro-51 Scanners, stub & reg antenna, QZ-5 behind the head headset, \$90/each, 321-213-6698.

#### **MISCELLANEOUS FOR SALE**

Hammock w/stand, in good shape, for more info http://2id.us/jeep/goto.htm, \$50, 631-4700.

Jet 3 Ultra electric power chair, good condition, \$500, 321-243-4209.

Brunswick, Battle Zone Cannon reactive bowling ball, new in box, undrilled, pictures avail, retails \$250, asking \$100, 321-867-4211.

#### **MISCELLANEOUS FOR SALE** (Continued)

Goodyear Wrangler tires and wheels, off Jeep Wrangler, p215/75r15, 4000 miles, perfect condition, \$250/BO, 302-5415.

Movie theater seats, scaffolding, waffle compressor, washer, big kids 4 wheel pickup w/rims, battery power, pocket rocket, girls mongoose bike, 749-8020.

68' standard bore 350 w/engine stand, a pair of 2.02 cylinder heads, a 400 SB crank, \$500/BO, Rich, 403-7622.

Craftsman's variable speed mulching lawnmower w/bag, 1 yr old, B&S, 6.75hp, 22" cut, paid \$325, sell \$175, excellent shape, Alan, 452-8422.

Electric 2-wheeled scooter, needs battery, \$30, 453-5823.

Utility/bike trailer, 4x8, lockable drop gate, \$400, 321-302-2123.

Wells Cargo enclosed trailer, 9'x5'x5' high, \$1500/BO, 321-459-3631.

Laminate wood flooring, 378sf, light oak, new, \$450; Power Wheels "Bobcat", charger, garage kept, \$70; boys bike w/removable training wheels, \$15, 459-3331. Sewing machine, \$25/BO, John, 269-5932.

Tires: 265/75/R16 Kelly Safari SUV, Goodyear, 1 new sticker still on, never mounted, 3 have only 10K miles use, \$200/BO, 362-0035.

2003 Farmtrac 35 diesel tractor w/5' bushog, 200 hours, \$8000; tractor and 2006 12,000 GVW trailer, \$10,500, 631-9837.

Pilates Performer 55-4300, new, never used, \$160, Bill, 407-352-2339, after 6:00 pm.

Stained glass hanging ceiling light, \$125; 3-arm hanging ceiling light w/3 glass shades, \$55; coin sorter, \$10, 258-6142.

Sliding glass door w/frame and hardware, 321-698-8943/321-268-9742.

Midsize truck tool box, \$75/BO, 386-345-4544.

17" chrome fan rims for Cadillac Deville, tires on rims included, \$800/BO; oak kitchen cabinets, upper and lower, \$3500/BO, Eric, 321-917-1345.

Antique 1965 "GULF" gas pump, model #548 Bennett, orange, white, lots of stainless diamond plate, excellent condition, \$1500, 868-2845/453-1245.

Unwanted heating oil, will extract from tank and remove from property, 213-0347.

Weider weight bench, incline-decline, straight, curling bar, weights, \$250, 951-8753.

88-98 Chevy ground effects, \$100/BO; Progressive aluminum wheels w/tires, 5 on 5 bolt pattern, \$150, 383-1056.

White acrylic double 60/40 sink w/white faucet, \$25, Dan, 432-1159.

Surfboard w/boardbag, Quiet Flight Sting Fish, 6'6", Clark foam, deck grip, like new, \$280/all/BO, 321-271-4459.

Cosco Eddie Bauer 3in1 carseat, \$30; stroller, \$20; baby gate, \$25; baby monitor, \$5, 783-6460.

Wire shelving, great condition, approx 30', closet and shelves, includes all brackets, except anchors/screws, \$50/BO, Chuck, 321-961-5266.

Engagement ring, cubic zirconia and silver, \$65/BO, 794-5566.

2 wire pet crates for 30lbs, 20"Hx24"Dx18"W, collapsible, training divider, \$25/each; 1 Sherpa Pet Carrier, for 5lbs, airport rated, \$25, 480-5068.

File cabinet, Hon 600, lateral 5 drawer, 67hx36wx19d, tan, cost \$1000, sell \$500, 454-9070.

16" Boy's Mongoose Racer-X bike w/removable training wheels, \$15, Kettcar, \$30, 269-1172.

Wagner power roller, great for painting rooms, new in box, \$50, 480-6573.

Trane 2-1/2 ton air handler and exchange, \$200; window guards, set of 4 for 2003-2006 Ford Expedition, \$40, 637-1075.

3 station universal weight system, \$150; Ram golf set/stand bag, \$125, 626-5279.

Hot tub/spa, fits 4 adults, bought in March 2006, color red, designed for 220V hookup, \$2200 retail, asking \$1500, 267-9080, leave message.

Total gym, \$150; wedding gown, never worn, size 10/12, \$125; Jr bridesmaid dress, white, girls size 8, will email you pics, 698-7881.

2 white ceramic, twist, decorative floor lamps, \$60/each; 1 decor table lamp, \$20, 321-698-5982.

2 gas powered weedeaters, starting at \$30, Isaac, 724-8482, after 4:00 pm, 724-8482.

Toyota Tacoma styled steel wheels, nearly new tires, 5-lug pattern, balanced, ready to install, pics available, \$195, Larry, 452-7984.

Outdoor patio umbrella, metal, taupe, fits into standard patio table, \$25, Luce, 631-7785.

TaylorMade Monza Corza double bend putter, 34", excellent condition, retail \$180, sell \$125/BO, Eric, 267-8086.

700R4 transmission and stock 350 heads, BO, 267-5486.

Weight set: Body Solid adjustable bench, leg press, lat machine w/all accessories, 500lbs of steel, Shanon, 427-4691.

6 batteries for a 48 volt golf cart, used but they still work, \$50/all, 302-0393.

Temporary power box, w/meter receptacle, includes 200A breaker, space for additional breakers, \$65, 321-268-4495.

Wooden bi-fold door, 48" opening, good condition, \$35; car ramps, new, \$10; 453-6795.

Pool table, 4x8, top of the line Sears, \$450, 632-6197.

Swimming pool items: 13" vacuum head w/8 wheels, \$9; Pentair great white regulator, \$8; flow gauge, \$8; 7" anti-vortex cover, BO, 269-3897.

#### **MISCELLANEOUS WANTED**

Automatic transmission, model 700R4, for 1996 GMC pickup w/4.3L/V64 engine, Ken, 321-632-6618.

Bicycle resistance trainer, working, good condition, Ron, 269-3423.

12x14 carpet, neutral color, good condition, 321 631-1924.

Nativity costumes for Christmas play: Mary, Joseph, Wise Men, camel, donkey, sheep, angel, townspeople, props, Nicki, 386-345-4544.

Hack squat machine, inclined squat machine, used, in good shape, with/without weights, 768-7748 pm.

Golf cart, reasonable price, 632-9652.

Honda CB250 Nighthawk motorcycle, 2000 or later year, 459-0554.

Discounted Disney World tickets, Rhonda, 321-268-5760.

Ping pong table, 454-3764.

Sprint cell phone, needs to work with my Sprint service, 453-7473.

Surfboard, longboard, good condition, 633-0980.

#### **MISCELLANEOUS FOR SALE OR TRADE**

Truck tires, BF Goodrich Radial Longtrail PA 265X75XR16L, ess than 1000 miles, \$300 or will trade for 4 wheeler trailer, Mike, 863-2833/264-4777. St Thomas Elysian Beach Resort, deeded, Red floating week, transferable, was \$12,000, sell \$8000, trade for equal value item, 321-302-6280.





